

Ecological Footprint Calculator

Calculate the impact that your footprint has on the Earth



Transport



What distance do you travel annually by car?

- No miles by car
- Less than 1,000 miles
- Between 1,000 and 10,000 miles
- Between 10,000 and 15,000 miles
- More than 15,000 miles

Your score

What distance do you travel annually by public transport? (train/bus)

- No miles by public transport
- Less than 1,000 miles
- Between 1,000 and 10,000 miles
- Between 10,000 and 20,000 miles
- More than 20,000 miles

Your score

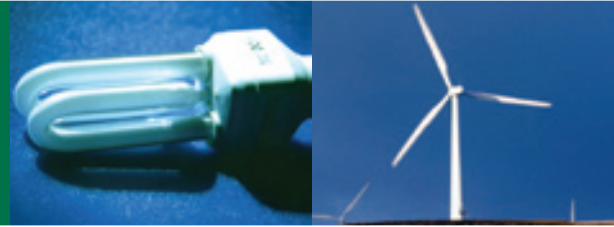
Do you fly to go on holiday? (last 12 months)

1 trip 2 trips

- Within the UK
- Within Europe
- Rest of the world - long haul flight

Your score

Energy



What is your average quarterly gas or oil bill? (3 x monthly bill)

- Less than £50
- Between £50 and £150
- Between £150 and £250
- Between £250 and £500
- More than £500

Your score

What is your average quarterly electricity bill?

- Less than £50
- Between £50 and £150
- Between £150 and £250
- Between £250 and £500
- More than £500

Your score

Do you buy your energy from a renewable source?

- Renewable/Green Tariff
- Non renewable/don't know

Your score

Domestic waste & recycling



How much domestic waste do you produce each week?

- Less than 1 bag
- Between 1 and 2 bags
- Between 2 and 3 bags
- Between 3 and 4 bags
- Between 4 and 6 bags
- More than 6 bags

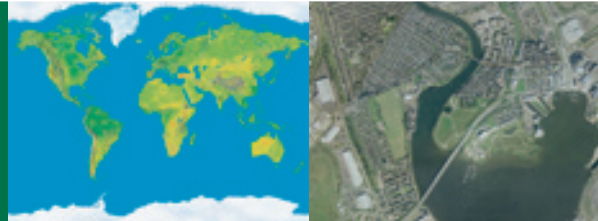
Your score

Which materials do you recycle?

- Glass
- Plastic
- Paper/cardboard
- Aluminium
- Steel cans
- Food waste

Your score

Water consumption



How many times do you use your dish washer each week?

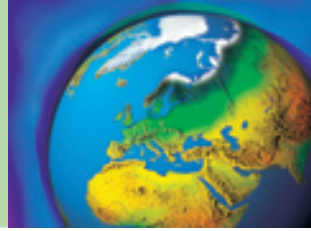
- Not applicable
- Between 1 and 4 times
- Between 4 and 9 times
- More than 9 times

Your score

How many times do you use your washing machine each week?

- Not applicable
- Between 1 and 4 times
- Between 4 and 9 times
- More than 9 times

Your score



How would you describe your diet?

- Vegan
- Vegetarian
- Regular meat eater
- Heavy meat eater

Your score

What is most of the food you consume?

- Mostly fresh, locally grown
- Mix of fresh and convenience
- Mostly convenience

Your score

How many newspapers or magazines do you buy or get delivered each week?

- None
- Between 1 and 10
- Between 10 and 20
- More than 20

Your score

How many commodities such as gadgets, machines or furniture do you purchase each year?

- Less than 1 or second hand
- Less than 3
- Between 3 and 5
- Between 5 and 7
- More than 7

Your score



What type of property do you live in?

- Flat/apartment
- Small house
- Medium sized house
- Large house

Your score

Your total score

Your current lifestyle requires planet Earths.

What do other people score?

The average person in the United States requires 5 planet Earths to maintain their lifestyle.

The average person in the UK would need nearly 3 planet Earths to support their lifestyle.

Cardiff residents have a footprint that is slightly above the UK average, but typical of a UK City.

The average Indian resident requires about half a planet Earth but with a population of 1.1bn and a fast growing economy, whose people desire to have an American lifestyle, it is not hard to see that we could soon be in trouble.

What could you do to reduce your Ecological Footprint?

Helpful advice on how to reduce your ecological footprint can be found on the Council's series of sustainable fact sheets, or contact:

Sustainable Development Unit
sustainabledevelopment@cardiff.gov.uk
Strategic Planning & Environment